



Bear Mountain Farm & Wilderness Retreat

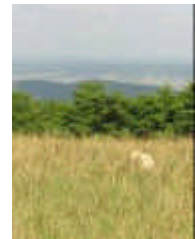
Monterey, Virginia

Virginia Green is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green** has established "core activities" specific to each sector of tourism, and these practices are considered the required minimum for participation in the program. However, **Virginia Green** encourages its participants to reduce their environmental impacts in all aspects of their operations; and this profile provides a full list of all their "green" activities. These are the activities that guests / customers can expect to find when they visit this facility.

Bear Mountain Farm & Wilderness Retreat

"We offer 4 handbuilt cabins, a meeting/eating/cooking facility, centralized modern bathhouse, camping for tents, hiking trails (VA Birding and Wildlife Trail), astronomy viewing hill, nature study, wildlife habitat, etc. Our facility is designed for small groups, families, birders and other naturalists, painters, hikers, photographers, astronomers, small weddings, small corporate retreats."

Green Statement: "We already do many "green" things, like water conservation, energy conservation, watershed protection, environmental education, compact fluorescent bulbs, composting. Want to be a part of a larger organization promoting these standards."



CORE ACTIVITIES for Green Lodging

☑ This symbol indicates a required activity for Virginia Green Lodging facilities. Participants self-certify that they activities are in place and they provide additional specifics on other activities. Visitors to Davis-Bourne Inn can expect the following practices:

☑ **Optional Linen Service.** Virginia Green Lodging facilities must have some sort of system in place that allows guests to not have their sheets and towels changed every day.

- Linens are only provided upon request! Guests are encouraged to bring their towels and sheets!

☑ **Recycling and Waste Reduction.** Virginia Green Lodging facilities must provide guest the opportunity to recycle during their stay; and participants are encouraged to have a comprehensive recycling program, subject to market availability, etc.

- Recycling: glass, steel cans, aluminum cans, plastic, office paper, toner cartridges, newspaper, cardboard, packing supplies, and batteries
- Locally-grown produce and other foods are used whenever possible
- Purchase recycled content paper towels and toilet tissue
- Bulk soap dispensers instead of individual soaps
- Use reusable dishware, glassware, and cutlery
- Non-bleached napkins and coffee filters
- Condiments and cream and sugar are provided in bulk

- Water pitchers instead of single-use bottles
- Donation of excess food from events
- Electronic correspondence and billing
- Purchased durable equipment and furniture
- Use only latex paints and other less toxic materials whenever possible
- Minimize the use of pesticides and herbicides.

☒ **Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping.

- Preventative maintenance of drips and leaks
- Use dry clean up methods over water-based methods
- Low flow toilets and restrictors on faucets and showerheads
- Effective landscape management plan which utilizes drought tolerant species
- Minimized paved and other impervious areas wherever possible
- Maintain effective buffers around ponds and streams.



☒ **Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives.

- Use of high-efficiency fluorescent ballasts and lamps (T-5's & T-8's)
- Use of ceiling fans
- Individual thermostats for each room
- Use of natural lighting

☒ **Green Events Package.** The facility must offer a "green" or "environmentally-friendly" package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided.

- Meetings typically involve an explanation of our watershed protection efforts, as well as water and energy.

For more information on Bear Mountain Farm & Wilderness Retreat, see www.mountain-retreat.com or contact bearmountain@ntelos.net.



For more information on **Virginia Green** program, see www.deq.virginia.gov/p2/viriniagreen or www.viriniagreentravel.org.



Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

